



# Plants for Positive Energy:

## Vastu & Feng Shui Secrets

For centuries, cultures around the world have believed that plants are more than just greenery. They carry energy, balance, and harmony into our spaces. In India, Vastu Shastra prescribes the right plants to attract prosperity and health, while Feng Shui from China emphasizes balance and the flow of positive energy, or “chi.” Whether you follow tradition, science, or a mix of both, one thing is clear: some plants simply make a home feel lighter, calmer, and more abundant.



## Plants that Welcome Prosperity

### Money Plant (Pothos)

True to its name, the money plant is said to attract wealth and good luck. In Vastu, placing it indoors near the northeast corner is considered auspicious. In Feng Shui, it's believed to invite abundance and financial growth.



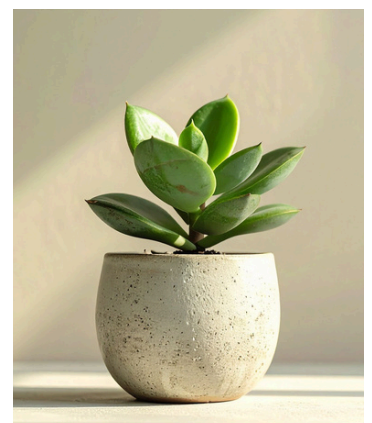
### Lucky Bamboo

Symbolizing resilience and growth, lucky bamboo thrives in water-filled containers with pebbles. The number of stalks has meanings too—five for health, eight for wealth, nine for good fortune.



### Jade Plant

Its round, coin-shaped leaves symbolize prosperity. Kept near the entrance or on office desks, it's thought to encourage financial success.





# Plants that Bring Calm and Clean Air

## Peace Lily

Known for its white, serene blooms, the peace lily symbolizes harmony and purity. It's also an excellent air purifier, reducing toxins indoors.

## Snake Plant

Tough and stylish, the snake plant is believed to absorb negative energy and release oxygen at night. It's ideal for bedrooms, bringing restful sleep and positive vibes.

## Tulsi (Holy Basil)

A sacred plant in Indian tradition, tulsi is believed to protect against negativity and improve health. Beyond spirituality, tulsi tea boosts immunity and reduces stress.





## Where to Place Them: Location Matters

In Vastu and Feng Shui, placement enhances energy flow. Plants in the north or east bring growth and positivity, while thorny plants like cactus are discouraged indoors. Entrances, living rooms, and balconies are perfect for prosperity plants, while calming ones like peace lilies and snake plants suit bedrooms and workspaces.

## Science Meets Belief

Even if you don't believe in energy flow, science agrees: plants improve air quality, lower stress, and boost mood. The positive energy you feel isn't just tradition—it's biology. Plants genuinely make spaces healthier and happier.

## Final Thought

Plants carry stories, traditions, and unseen forces. Whether you grow bamboo for luck, tulsi for protection, or a peace lily for calm, your home becomes more than just four walls—it becomes a sanctuary of balance. Positive energy isn't always mystical; sometimes, it's simply the joy of seeing green life thrive around you.

